

# NONVIOLENCE

## NEGOTIATION AND FAIRNESS

Seeking mutually satisfying resolutions to conflict  
• Accepting change • Being willing to compromise.

## NON-THREATENING BEHAVIOR

Talking and acting so that she feels safe and comfortable expressing herself and doing things.

## ECONOMIC PARTNERSHIP

Making money decisions together  
• Making sure both partners benefit from financial arrangements.

## RESPECT

Listening to her non-judgmentally • Being emotionally affirming and understanding • Valuing opinions.

# EQUALITY

## SHARED RESPONSIBILITY

Mutually agreeing on a fair distribution of work • Making family decisions together.

## TRUST AND SUPPORT

Supporting her goals in life • Respecting her right to her own feelings, friends, activities and opinions.

## RESPONSIBLE PARENTING

Sharing parental responsibilities • Being a positive non-violent role model for the children.

## HONESTY AND ACCOUNTABILITY

Accepting responsibility for self • Acknowledging past use of violence • Admitting being wrong • Communicating openly and truthfully.

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